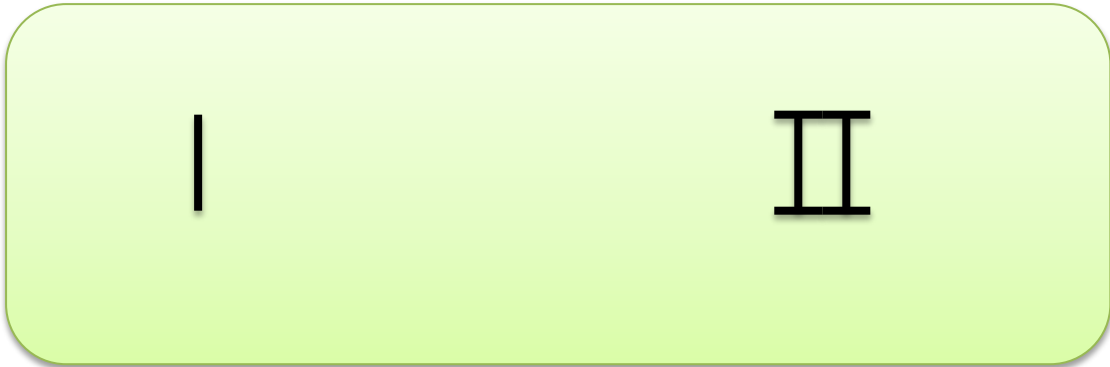


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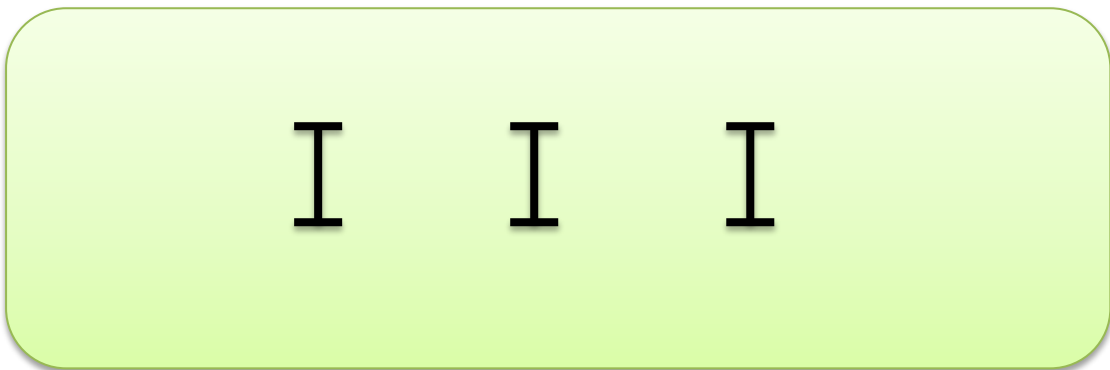
Using show jumps to train cross country

Rail to Parallel



18 steps = 16.2m = 4 canter strides

Bounces



Trot approach = 2.7m – 3m = 3 large steps

Canter approach = 3.3 - 3.6m = 4 steps

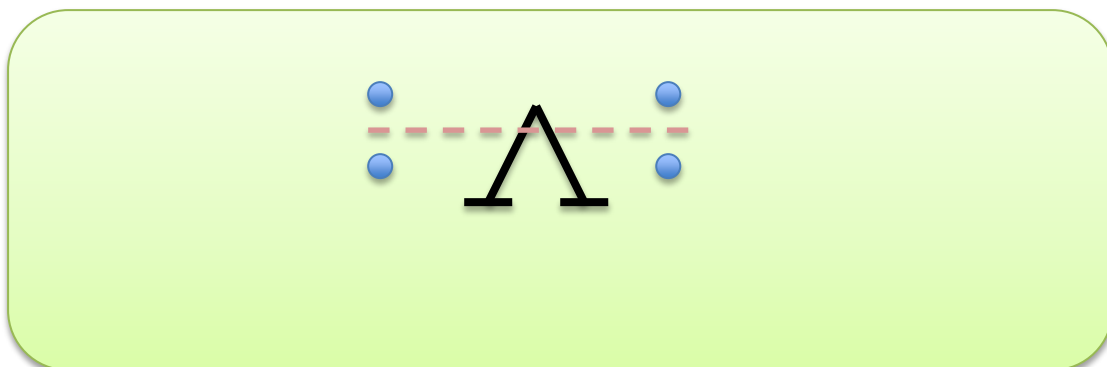
Angled Rails



2 canter strides = 10.8m = 12 steps

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Apex



Skinnies and Arrow Heads



Guide rails and flags to train horses to jump narrow objects and remain straight

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Coaching Tips

Straightness

- Rider and horse
- Striaight on intended line

Canter

- Quility – balanced between hand and leg
- Corrert tempo for the job ahead
- Adjustablility and control

Suitability

- Horse and rider
- Level of training for task
- Capability

Notable quotes

Make every step your horse takes count – Geoff Harley

If there is a stitch missing the whole garment will unravel – Nadine Merewether

If you come to the jump with more horse in your hand than leg you are asking for trouble – David Dobson