

EWA High Performance Pathways Camp

Saturday 28th and Sunday 29th March



This weekend will see all Squad Riders that have been invited to the EWA High Performance Squad program during 2015 take part in a Super Clinic involving some of the Sports best Coaches, Officials and Industry Professionals. The EWA Education and High Performance Program in association with WAIS, DJTF and WAYER have organised a pretty impressive line-up that includes;

- FEI Veterinary Delegate & EA Medication Control Officer - Dr Warwick Vale BSC BVMS(HONSII)
- Physiotherapist and Dressage Rider - Zoe Farrant (VIC) B.Sc (Physiotherapy), APAM & H Level Judge
- FEI 4* Judge, 2* TD & EA NCAS L2 Eventing Specialist, Coach Educator – Pollyann Huntington (WA)
- EA NCAS L2 Eventing and Dressage Coach – Craig Barrett (NSW)
- WA Institute of Sport Athlete Facilitators - Developing Champions (WAIS)
- Nat A Level Dressage Judge, Judge Educator and NCAS L3 Coach and Coach Educator - Judy Peel (VIC)
- WEG 2010 Para-Equestrian 2x Bronze Medallist & 4th Beijing– Sharon Jarvis EA NCAS L1 General and SSTA
- EA NCAS Level 2 Vaulting Coach, Coach Educator – Lynette Lynch (NSW)
- Sports Medicine Australia (WA Branch) – Sports Nutrition and Hydration Facilitators

Saturday 28th March: Unmounted Clinic Presentations will commence upstairs in the SEC Ocean Foam Room from 1pm.

There will be a break for dinner and the evening is expected to conclude 8pm.

Sunday 29th March: Commencing 9am a select group of Young Riders (who have not been involved previously) will be invited to participate in the WAIS Developing Champions Workshop down in the SEC Classroom.

Upstairs and Indoors a combined Dressage Workshop will be convened with Riders, Coaches and Judges also welcome to attend. Judy Peel, visiting National A Level Judge and Judge Educator will cover marking and coaching of horse and rider in Lateral movements.

Throughout the weekend Squad riders will also have the opportunity to book a free 1:1 consultation with The Riders Physio Zoe Farrant. Zoe has a sound understanding of biomechanics specific to equestrian sports and is passionate about helping the rider to achieve their goals through assisting them to improve themselves, so that they are physically able to ride to their full potential.

Physio for the Rider is targeted to the rider who:

- Would like a Physio's advice on how to enhance their riding fitness/physical ability through thorough assessment and a targeted individualized program specific to riding
- Is working on a positional problem that they would like a Physio to functionally and physically assess
- Experiences/is limited by pain whilst or after riding

See Full Schedule and Registration Form attached.

Places are limited so book early!