



# EWA High Performance Pathways Camp Schedule

Saturday, March 28, 2015

## C Quest Arena

8.00 am – 5.00 pm

WAYER **Jumping Clinic** with Craig Barrett (Squad Riders discounted)

## International Arena

8.00 am to 5.00 pm

WAYER **Dressage Protocol Tests** with Pollyann Huntington (Squad Riders discounted)

## Indoor Arena

8.30 am – 12.30 pm

**Vaulting** Practical sessions with NSW Coach Educator Lynette Lynch

## RDA Office Downstairs

8.30 am to 6.00 pm

**Physiotherapy Appraisals** with Zoe Farrant

## SEC Conference Room

12.30 pm – 1.00 pm

**Attendance Registrations Upstairs**

1.00 pm – 1.45 pm

Presentation 1: **My Story** - Sharon Jarvis Para Olympian

2.00 pm – 3.00 pm

Presentation 2: **Swabbing and Medication Control** - Dr Warwick Vale

3.15 pm – 4.15 pm

Presentation 3: **Sports Nutrition and Hydration** – SMA (WA Branch)

4.30 pm – 5.30 pm

**Dinner Break**

5.30 pm – 6.30 pm

Presentation 4: **Rider Biomechanics** – Zoe Farrant B.Sc (Physiotherapy), APAM

6.45 pm – 7.45 pm

Presentation 5: **The Athlete's Journey** - Craig Barrett

Sunday, March 29, 2015

## RDA Office Downstairs

8.30 am to 2.30 pm

**Physiotherapy consultations** *continued* with Zoe Farrant B.Sc (Physiotherapy), APAM

## SEC Classroom Downstairs

9.00 am – 12.30 pm

**YR Developing Champions Workshop** with WAIS Athletes and Facilitators

## Conference Room

10.00 am – 2.00 pm

**Dressage Riders, Coaches & Judges Workshop** with Judy Peel